

## Myths

Exposure to sunlight or temperatures higher than 25 degrees Centigrade can protect from coronavirus



Holding breath for 10 seconds or more without discomfort means that one is not infected by coronavirus



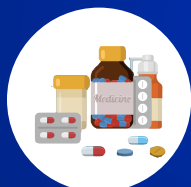
Coronavirus can be transmitted through mosquito bites



Coronavirus affects older people more



Antibiotics can prevent and treat coronavirus



Spraying alcohol or chlorine all over the body kills coronavirus



Thermal scanners are useful in detecting coronavirus



Eating garlic can prevent coronavirus infection



## Facts

Coronavirus can attack no matter how sunny or hot the weather is

The only way to confirm coronavirus infection is through laboratory test, breathing exercise can neither confirm nor protect against coronavirus

Coronavirus spreads through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose

Coronavirus affects people of all ages. However, older people and people with pre-existing medical conditions (such as asthma, diabetes, and heart disease) are more vulnerable

Antibiotics only cure bacterial infections. Coronavirus is a virus so antibiotics should not be used to prevent or treat it

Spraying alcohol or chlorine all over the body will not kill viruses that have already entered the body but they can be used to disinfect surfaces

Thermal scanners can only detect people who have developed a fever because of coronavirus infection. They cannot detect people who are infected with coronavirus

Garlic is a healthy food but there is no evidence that eating garlic has protected people from coronavirus

## To protect yourself from coronavirus

- Wash your hands with soap regularly for 20 seconds
- Maintain social distancing
- Avoid touching eyes, nose and mouth
- Cover your face when coughing or sneezing
- If you have fever, cough and difficulty breathing, seek medical care early

Learn more at: <https://www.who.int/>

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